

2013 All-Ohio Division III Outdoor Track & Field Championships
Ohio Wesleyan University
April 12, 2014

MEET INFORMATION

Entries: Entries are limited to **four (4)** per event and **one (1)** relay team per school per event. There will be no exceptions. Qualifying standards are included as an attachment. Only performances from the current-year outdoor and indoor seasons will be accepted. No relay splits or projected performances. We will use the TFRRS database to check performances. There will be an All-Ohio performance list on TFRRS that will be updated each week for this meet. Indoor performances may be used for the same event only; with the exception of the mile as voted upon in 2007 (a mile to 1500 conversion will be provided for both genders). If you **do not have** a qualifier in an event you may enter **one non-qualifier** in that event. The 10K has no standard; you may enter up to four (4) athletes per gender.

Entry Fee: The entry fee is \$160 per gender (\$320.00 for both teams). If you are paying by check, please make the check payable to "OWU Track & Field." This helps to offset the cost of officials, timing, workers, and awards. The entry fee will be reviewed yearly by the committee. Checks sent through the mail must be received by April 11.

INFORMATION ON DOING ENTRIES THROUGH DIRECT ATHLETICS - PLEASE READ

We will be using Direct Athletics (www.directathletics.com) for entering the meet. Once your entries are complete in Direct Athletics, please print a copy of your entries and review them thoroughly. This is your responsibility as the coach for your school doing the data entry. All entries need to correspond to the performances listed on TFRRS.

Entries: Open on Monday, April 7 @ 12:01 AM and close at 7:00pm on Tuesday, April 8. If your entries are not in by 7:00pm on Tuesday, you will not have the opportunity to enter your athletes in the meet.

You have until 4:00pm on the Wednesday (4/9) preceding the meet to check for errors you might have made on your entries. During this time you may scratch or add select individuals if you have found that you made a mistake. You must email jhartpence@defiance.edu with corrections to entries.

No changes will be accepted after the review period ends at 4:00pm on Wednesday. If you scratch an athlete from an event after 4:00pm on Wednesday, they will be scratched from all remaining competition. Also, there will be no changes on Saturday. If you forget to enter an athlete or relay, they cannot be added. Final scratches **will be accepted until noon on Thursday, April 10th. If scratching, please send an e-mail to jhartpence@defiance.edu. We will then do the draw and have it up on Ohio Wesleyan's Athletic web page and on www.onthemarktiming.com by Friday mid-morning, at the latest.**

Once the initial entries are downloaded by the All-Ohio Committee from Direct Athletics on Tuesday at 7:00pm, Direct Athletics **will not be used** for the rest of the entry process.

We will email coaches after 4:00pm Wednesday with the performance list.

Fines: For not following the rules of entering the All-Ohio meet a letter of reprimand for the first offense. A coach will then be fined \$50 for a second offense and all subsequent offenses. Letters for each offense will be sent to the coach as well as the Director of Athletics at the offending institution.

The school will not be allowed to compete in any indoor or outdoor All-Ohio meets until the fine is paid.

Following NCAA Division III Guidelines, for both All-Ohio Division III meets - *"Only fully automatic times may be used to qualify for events 400 meters or less. For events above 400 meters, hand-held times may qualify if, after rounding the time up to the next higher tenth of a second and adding 0.30 seconds, it meets the FAT qualifying standard."* (<http://ustfccca.org/assets/qual-standards/2011-d3-itf-standards.pdf>)

"Misconduct. To bring greater credibility to the meet entry process, the intentional reporting of false marks for entry purposes is now clearly classified as misconduct. Meet directors must publish entry marks in advance of the competition." (NCAA CC/TF 2009 and 2010 Rules, P.12)

In regards to this rule, for the All-Ohio Division III Indoor and Outdoor Championships, if a false mark is entered by a coach, besides the usual Letter of Reprimand and/or fine going to the coach and his/her Athletic Director, the athlete and/or relay that has the false mark(s) entered for them (it) in these meets will not be allowed to compete in the event(s) for which the mark(s) is (are) entered.

Conducting the Running Events

The following events will be run as finals: 200m; 400m; 400H; 800m; 1500m; 5K/10K/Steeple; and all relays. If sections are needed for any of these events, the fast heat will be run first. There will be semi-finals in all other running events unless any event scratches down to a final.

Format for setting up the 100m, 110H:

- a) Heats will be formed by splitting competitors by times
- b) Competitors will be randomly assigned to lanes within their heat
- c) Heat winners and the next fastest times to a total of eight (8) qualify for the final
- d) Preferred lanes for finals (4,5,3,6,2,7,1,8)

Format for setting up the 200/400m:

- a) Heats will be formed by time
- b) Lanes will be assigned by time
- c) Preferred lanes (4,5,6,3,7,2,8,1)

Format for setting up the 800m:

- a) We will run as many sections as needed (fastest first) based on times (9 runners and ties in the first section and the remainder in the following sections divided equally; no more than 15 in any one section) with runners in alleys, and random positioning.

Format for setting up the 1500m run:

- a) We will run as many sections as needed (fastest first) based on times (12 runners and ties in the first section and the remainder in the following sections divided equally; no more than 20 in any one section). Waterfall start for both heats and random positioning.

Format for setting up the steeple chase:

- a) If there are more than 24 entries, two sections will be run with 12 in the first section and the remainder in the second section.

Format for setting up the 5000/10000:

- a) One section will be run using a double waterfall (2/3 – 1/3 split)

Format for setting up the 400/1600 relay:

- a) Preferred lanes (4,5,6,3,7,2,8,1)
- b) Top 8 entries in the first section, and equally divided for the remaining section based on entries

Conducting the Field Events

Format for setting up the long jump, triple jump, shot put, discus, javelin and hammer throw:

Competitors will be randomly assigned within one flight not larger than 16. If we have more than 16 competitors, we will have two (2) flights. Each competitor will receive three (3) preliminary attempts. The top nine- (9) performances in each event will qualify for the finals where the order will be in reverse of the performances in the preliminaries. Ties will be broken in accordance with NCAA rules. There will be a ten-minute warm-up period between flights and between preliminaries and finals.

Format for setting up the high jump:

The order of competition will be random. The starting height will be 2 height increments below the qualifying standards. Both the starting height and the incremental changes will be set with the NCAA qualifying standard in mind. When there is a large field the five alive procedure will be used. The games committee reserves the right to adjust the starting height and progression.

Format for setting up the pole vault:

The order of competition will be random. The starting height will be 2 height increments below the qualifying standards. Both the starting height and incremental changes will be set with the NCAA qualifying standard in mind. When there is a large field the five alive procedures will be used. The games committee reserves the right to adjust the starting height and progression.

Scoring: Eight places: 10-8-6-5-4-3-2-1

Awards: All-Ohio plaques will be awarded to the top three teams. All-Ohio Spike Bags will be awarded to the top three individuals in each event and all members of the top 3 relay teams in the 4x100 and 4x400.

Coaches meeting: We will have a coaches meeting Saturday at **11:15 A.M.** on the infield near the finish line. Any discussion about the meet and any new business will occur at this meeting. Packet pick-up will be at the timing center near the finish line.

Protests: Need to go through the meet referee

Implement Certification: Will take place at the south end of the visitor's stands from 8:30-11:00am.

Team Camp Area: All camps need to be in or beneath the stands. If bringing a tent, please set up outside the fence.

Trainer: Trainers will be available in the Selby Field training room beneath the west stands. Athletic Training questions should be directed to Todd Miller at Ohio Wesleyan (740-368-3747).

Spikes: Maximum of 1/4" pyramid exposed will be permitted on the track and javelin approach.

Coaches Boxes: Coaches are asked to use the boxes where provided.

Hip Numbers: Will be worn on both sides of each athlete. 5 & 10K athletes will also wear one on the left side of their chest.

5k/10k Races: Coaches are asked to help time their runners as a back-up measure. Sheets will be provided in your packet. Finishers in these races will run the last 100 meters in a middle lane down the final 100 meters.

Results: Finish Lynx will be used for timing. Results will be available on our web site Saturday night. We will post event results on the back side of the timing center. Meet results will be uploaded to the TFRRS database.

Locker Rooms: Will be available in the stadium under the stands

Concessions and T-Shirts sales: Will be available

Facility:

Pole Vault:	2 runways at the north D area Approaches can be made from east or west
Long/Triple Jump:	2 runways just outside of the east stands with pits as both the north and south ends Women's long jump board is placed at 7 feet and triple boards at 28' and 32' Men's long jump board is placed at 9 feet and triple boards at 36' and 40'
Discus:	Contested at the newly constructed facility at the long throws field
Shot Put:	We will use the sector in the SE corner of the stadium
High Jump:	Contested at the south D area. Long approaches will transition off the field turf
Hammer:	Contested at the newly constructed facility at the long throws field
Javelin:	Synthetic runway near the hammer sector at the long throws field

Sprints and Hurdles can be run both directions.

The javelin and hammer and men's discus facility is located on Hayes Street, less than ¼ mile from Selby Stadium. Proceed south on Branch Rickey Way and make the first left onto Hayes St. near the Field Hockey field. Transportation will not be provided. Parking is available at the Haycock art annex lot, as well as in the grass near the javelin runway at the end of Hayes St.

Admission: General admission will be \$5.00 per person / children under 5 free

Questions: Please call the games' committee with any questions: **Dave Lehman** at 614-823-3511; **Craig Penney** at 937-327-6493; **John Hartpence** at 419-783-2385; or **Kris Boey** at 740-368-3731

Entry Timeline

- 1) Monday - Entry period opens at 12:01am (Direct Athletics)
- 2) Tuesday - Entry period closes at 7:00pm
- 3) Tuesday 7:00pm – Wednesday 4:00pm review period
Corrections and scratches can be made without penalty - please take time to review entries carefully
- 4) Wednesday 4:00pm - Verification of entries by games committee and challenges
- 5) Thursday noon - Email final scratches to jhartpence@defiance.edu before seeding occurs
- 6) Thursday afternoon – drawing of heats and flights
- 7) Friday morning - Heat sheets e-mailed and posted on www.battlingbishops.com / www.onthemarktiming.com

Qualifying Standards

Event	Women's	Men's
High Jump	1.47 (4-9.75)	1.83 (6-0)
Long Jump	4.80 (15-9)	6.20 (20-4)
Triple Jump	9.75 (32-0)	12.24 (40-2)
Pole Vault	2.80 (9-2.25)	4.13 (13-6.50)
Shot Put	10.68 (35-0.25)	13.61 (44-8)
Discus	33.00 (108-3)	39.00 (127-11)
Javelin	29.10 (95-6)	45.42 (149-0)
Hammer	35.00 (114-10)	40.00 (131-3)
100 Meters	13.48	11.52
200 Meters	27.54	23.24
400 Meters	63.54	52.00
800 Meters	2:28.24	2:00.00
1500 Meters	5:12.24	4:13.24
<i>Mile conversion</i>	<i>5:36.24</i>	<i>4:32.94</i>
Steeplechase	13:20.24	10:27.24
5000 Meters	19:56.64	16:14.24
10,000 Meters	MAXIMUM OF FOUR ENTRIES PER SCHOOL	
100/110 Meter Hurdles	17.30	16.80
IMH	73.24	60.64
4x100 / 4x400 Meter Relays	ONE RELAY PER SCHOOL	

If a school does not have a qualifier in an event, they may enter one (non-qualifying) athlete in that event. The times and marks listed above were established by the elected All-Ohio Committee.

Only performances from the 2013-14 outdoor and indoor seasons will be accepted. No relay splits or projected performances. We will use the TFRRS database to check performances. Indoor performances may be used for the same event only with the exception of the mile.